

Dr. Deepak Patil Ayurvedic Medical College & Research Center

Borpadale Phata (Nebapur), Kolhapur-Ratnagiri Road, Tal-Panhala, Dist. Kolhapur, Pin – 416213, Maharashtra State, India. Ph. No. 9132039595 Website: www.dpayurvediccollege.com Email: dr.deepakpatilayu@gmail.com

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Ref.no.:dpamc/553/2025

Date: - 06-08-2025

To,

Dr. Aparna Abhinandan Admuthe, Assistant Professor, Panchakarma Dept. ADAMC, Ashta, Sangli.

Subject: Invitation for Guest Lecture in our Institute.

Respected Madam,

We are delighted to invite you as a guest speaker in our Institute for final year students.

This event will be held on-

Date: 06 /08/2025

Time: 02.30 pm to 03.30 pm

Your Expertise will greatly enrich the knowledge and understanding of our students. We are confident that your valuable insights and experience will inspire our students.

Please let us know at your earliest convenience. We look forward to the possibility of having you as our guest speaker.

Thank you for considering our invitation.

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EVENT/ACTIVITY REPORT

Titles of Event/ Activity- Guest Lecture

Date-06/08/2025

Time- 02:30pm -03:30pm

Venue- Dr. Deepak Patil Ayurvedic Medical College and Research center, Borpadale

Number of student's attending-48

Subject- Utility of Panchakarma in Ayurvedic practice

Objectives of Event/Activity-

- To enhance understanding clinical importance of Panchakarma therapy.
- 2. To enhance practical application of Panchakarma therapy in daily Ayurvedic practice.

Guest Speaker:

The session was conducted by Dr. Aparna Admuthe, Assistant Professor in Department of Panchakarma in Hon Shri Annasaheb Dange Ayurvedic Medical College, Ashta.

Session Highlights:

Dr. Aparna Admuthe began the session by introducing the fundamental principles of Panchakarma and its role as adetoxification and rejuvenation therapy in Ayurveda.

She elaborated on the clinical utility of Panchakarma procedures such as Vamana, Virechana, Basti. Nasya and Raktamokshana.

The lecture emphasized how Panchakarma is not only a curative therapy but also a preventive and promotive health measure.

She also discussed practical challenges and ethical considerations faced during Panchakarma procedures in clinical practice.

A brief interactive Q&A session followed where students and faculty clarified their doubts and shared their own observations from clinical postings.



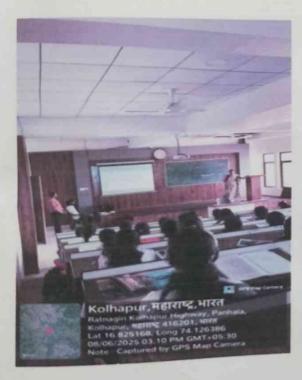
Conclusion:

The guest lecture by Dr. Aparna Admuthe was highly informative and enriching. It provided the students with a deeper insight into the practical utility of Panchakarma and encouraged them to approach ayurvedic treatments with scientific reasoning and clinical understanding.

The session concluded with a vote of thanks delivered by Dr. Amit Patil (Assistant Professor) expressing gratitude to the esteemed speaker and all students for making the event a success.

List of Teachers/students are attached with the report.

- 1. Dr. Nitin Tatpuje (Principal)
- 2. Dr. Shakil Sutar (Associate Professor, Dept of Panchakarma)
- 3. Dr. Amit Patil (Assistant Professor, Dept of Panchakarma)







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Guest Lecture: Utility of Panchakarma in Ayurveda Practice

3rd Year BAMS

Attendance

Subject: - Panchakarma

Date: 06/08/2025

| Roll No. | NAME OF STUDENTS | Sign | Roll | NAME OF STUDENTS | Sign |
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| 01 | Aade Pratik Balaji | Bande | No. 26 | Parve Rutuja Sunil | Ranne |
| 02 | Abuj Adinath Tukaram | AWI. | 27 | Patil Anjali Annarao | N. W. |
| 03 | Awathale Achal Sudhakarrao | Rathule. | 28 | Patil Nihar Rajkumar | |
| 04 | Bartakke Siddhesh Shrikant | Si shar | 29 | Patil Pragati Deepak | QQ-1:1 |
| 05 | Bawa Afifa Yunus | NA. | 30 | Patil Pranjal Kalgonda | * Action |
| 06 | Bhandari Ajinkya Arvind | -0- | 31 | Patil Shraddha Malgonda | 4 |
| 07 | Bhange Dhanashree Dattatray | Thanks | . 32 | Patil Siddhi Umesh | Sulating |
| 08 | Bhise Richa Narayan | 87 | 33 | Patil Sumit Maruti | (Aubul) |
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| | | | 51 | Yadav Jayesh Vijaykumar | Paryade |

Assistant Professor Panchakarma Ir. Deepak Patil Ayurvedic Medical llege & Research Center, Borpadale. Dr. Deepak Patil Ayurvedic Medical College & Research Center, Borpadalo



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Date:- 06-08-2025

To,

Dr. Aparna Abhinandan Admuthe Assistant Professor, Panchakarma Dept. Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Appreciation for delivering Guest Lecture on Utility of Panchakarma in Ayurveda Practice.

Respected Madam,

On behalf of Dr. Deepak Patil Ayurvedic Medical College and Research Center, Borpadale, I extend our heartfelt gratitude for accepting our invitation and delivering an insightful lecture on Utility of Panchakarma in Ayurveda Practice on 06-08-2025.

Your detailed explanations, practical examples, and deep knowledge of Panchakarma provided immense value to our students. The session not only enhanced academic understanding but also inspired participants to integrate these concepts into their clinical practice.

With warm regards and sincere thanks,

Or Deebar Patil Ayurvedic Medical College Research Cerver Borpadale Phata, Tal. Panhal Just. Kolhabur-416 213